

**Wistanstow Walk 2010
Finishers List**

	No	Name	Kempton 6 miles	Clun 11.5 miles	Bishop's Castle 17.5 miles	Plowden 22 miles	Finish Wistanstow 26 miles
1	90	Andy Davies	0.58	1.46	2.39	3.15	4.01
2	117	Joe Donnelly	1.02	1.54	3.02	3.53	4.54
2	122	Russell Mapp	1.02	1.56	3.02	3.54	4.54
4	123	Allan Duncan	1.10	2.08	3.20	4.27	5.16
4	81	Lawrie Jones	1.10	2.08	3.20	4.14	5.16
6	39	Sharron Richardson	1.20	2.21	3.30	4.20	5.21
6	38	Clive Richardson	1.20	2.21	3.30	4.20	5.21
8	51	Simon Macvicker	1.10	2.07	3.15	4.10	5.22
9	36	Tim Parker	1.10	2.08	3.15	4.10	5.23
10	37	Phil Butler	1.10	2.08	3.20	4.20	5.28
11	69	David Perry	1.20	2.23	3.42	4.37	5.52
11	72	Janet Edwards	1.20	2.23	3.42	4.37	5.52
11	60	Libby Collinson	1.20	2.24	3.42	4.37	5.52
11	57	Allan Morris	1.20	2.23	3.42	4.37	5.52
15	88	Kim Braznell	1.27	2.32	3.56	4.51	5.57
15	89	Liz Gould	1.27	2.32	3.56	4.51	5.57
15	125	Tracy Haywood	1.27	2.32	3.56	4.51	5.57
18	80	Sue Clarke	1.27	2.31	3.55	4.51	6.02
19	30	Paul Jennings	1.27	2.32	3.56	4.52	6.07
19	23	Derek McIntosh	1.27	2.32	3.56	4.52	6.07
19	3	Dave Clarke	1.27	2.32	3.56	4.52	6.07
22	79	John Clarke	1.27	2.31	3.55	4.51	6.10
22	124	Alan Heywood	1.27	2.32	3.56	4.52	6.10
24	76	Sarah Aston	1.35	2.47	4.16	5.17	6.32
25	84	Rob Williams	1.35	2.46	4.15	5.18	6.34
25	85	Sian Williams	1.35	2.47	4.15	5.18	6.34
27	45	Richard Ewels	1.35	2.46	4.14	5.19	6.43
28	74	Dave Spurling	1.35	2.47	4.19	5.30	6.54
29	119	Annie Dyson	1.43	3.04	4.42	5.50	7.09
30	65	Andy Galgrath	1.43	3.04	4.42	5.50	7.10
31	78	John Astbury	1.43	3.04	4.42	5.50	7.16
32	2	Caroline Bason	1.43	3.08	4.55	5.57	7.23
32	4	Sue Whittingham	1.43	3.09	4.55	5.57	7.23
32	5	Lin Jackson	1.43	3.08	4.55	5.57	7.23
32	6	Samantha Brown	1.43	3.09	4.55	5.57	7.23
36	106	Adrian McCarthy	1.43	3.13	5.00	6.15	7.42
36	105	Phil Ryan	1.43	3.13	5.00	6.15	7.42
38	26	Kerry Allison	1.30	3.02	4.51	6.12	7.50
38	116	Clare Donnelly	1.30	3.02	4.51	6.12	7.50
40	121	Emlyn Owen	1.56	3.21	5.18	6.37	8.06
40	41	Jim Cox	1.56	3.21	5.13	6.37	8.06
42	15	Pieter van Der Westhuizen	2.13	3.13	5.13	6.34	8.11
42	138	Geoff Sproson	1.43	3.13	5.13	6.34	8.11
44	70	Mathew Perry	2.05	3.42	5.45	7.00	8.14

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44	71	Shaun Perry	2.05	3.42	5.45	7.00	8.14
46	134	Darren Sadd	1.56	3.15	5.16	6.39	8.15
46	135	Roger Lloyd	1.56	3.15	5.16	6.39	8.15
48	32	Paul Warrington	2.04	3.34	5.32	7.01	8.27
49	46	Linda Lyth	2.04	3.38	5.32	7.01	8.32
50	115	John Batchelor	2.04	3.34	5.39	7.01	8.36
51	68	Tony Overs	1.57	3.33	5.32	7.00	8.40
51	66	Eddie Gibbons	1.57	3.33	5.32	7.00	8.40
51	126	Frank Barnes	1.57	3.34	5.32	7.00	8.40
54	8	Gareth Meeson	2.12	4.00	5.51	7.08	8.54
54	17	Diane Abbott	2.12	4.00	5.51	7.08	8.54
54	7	Stuart Murray	2.12	4.00	5.51	7.08	8.54
57	1	David Hemmings	2.04	3.38	5.39	7.03	9.01
58	110	Des Seal	2.05	3.38	5.39	7.08	9.11
58	144	Tim Davies	2.04	3.38	5.39	7.13	9.11
60	83	Joanna Sharp	2.06	3.46	5.58	7.27	9.12
60	107	Lucy McFarlane	2.06	3.45	5.58	7.27	9.12
60	108	Jean Jones	2.06	3.45	5.58	7.27	9.12
63	31	Suzanne Marsden	2.12	3.49	5.58	7.24	9.14
63	33	Lynsey Price	2.12	3.49	5.58	7.24	9.14
63	91	Anthony Marston	1.59	3.38	5.45	7.33	9.14
66	112	Keith Miller	2.10	3.48	5.58	7.34	9.18
66	111	Tony Bennett	2.10	3.48	5.58	7.34	9.18
68	49	Damian Dever	1.59	3.38	5.45	7.33	9.20
69	64	Neil Fulwood	2.10	3.49	5.58	7.27	9.21
69	58	Janet Pitt Lewis	2.10	3.51	5.58	7.27	9.21
69	127	Chris Dawes	2.10	3.49	5.58	7.27	9.21
72	86	Geoff Harding	2.15	4.00	6.12	7.40	9.28
72	87	Jad Bienek	2.15	4.00	6.12	7.40	9.28
74	77	Rowan Cowley	2.12	3.54	6.07	7.40	9.31
74	63	Jamie Price	2.12	3.55	6.07	7.40	9.31
76	102	Drew Perkins	2.12	3.51	6.07	7.42	9.33
76	101	Paul Gray	2.12	3.51	6.07	7.42	9.33
78	129	Barbara Townley	2.10	3.51	6.07	7.39	9.38
78	130	Claire Underhill	2.10	3.51	6.07	7.39	9.38
80	114	Adrian Smith	2.04	3.48	6.07	7.40	9.42
80	113	Mark Mantle	2.04	3.48	6.07	7.40	9.42
80	118	Paul Green	2.04	3.51	6.07	7.41	9.42
80	52	Richard Jones	2.15	3.51	6.37	8.02	9.42
80	54	Mathew Rogers	2.15	3.51	6.37	8.02	9.42
85	50	Eve Over	2.12	3.52	6.13	7.46	9.45
85	73	Marianne Jones	2.12	3.52	6.13	7.46	9.45
87	29	Neil Penney	2.05	3.45	6.07	7.52	9.55
87	35	Simon Penney	2.05	3.45	6.07	7.52	9.55

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89	67	Barrie Morgan	2.12	3.52	6.12	7.51	9.56
89	22	Gavin Mason	2.06	3.50	6.07	7.45	9.56
89	21	Libby Maddock	2.06	3.50	6.07	7.46	9.56
92	120	Tony Francis	2.10	3.52	6.07	7.51	9.59
93	11	Chrissie Smith	2.38	4.34	7.09	8.39	10.30
93	12	Judith Hardwick	2.38	4.34	7.09	8.39	10.30
93	14	Charlotte Hale	2.38	4.34	7.09	8.39	10.30
96	9	Jo Salisbury	2.10	3.53	6.45	8.29	10.39
96	10	Linda Salisbury	2.10	3.53	6.45	8.29	10.39
98	82	David Bloor	2.25	4.18	6.55	8.44	10.59
98	136	Val Kennett	2.25	4.18	6.55	8.44	10.59
98	137	Beth Kennett	2.25	4.18	6.55	8.44	10.59
101	147	Harpreet Purawall	2.25	4.26	6.55	8.56	11.06
101	149	Lakhvir Shoker	2.25	4.26	6.55	8.56	11.06
101	97	Jagdish Gill	2.25	4.26	6.55	8.56	11.06
101	148	Rasvir Pannu	2.25	4.26	6.55	8.56	11.06
101	95	Jasvir Gill	2.25	4.26	6.55	8.56	11.06
106	140	Lynne Cornell	2.25	4.24	6.55	8.54	11.12
107	141	Stuart Forrest	2.25	4.24	6.55	8.54	11.12
107	139	Anne Shearing	2.25	4.24	6.55	8.54	11.12
109	98	Tracy Bates	2.25	4.26	7.09	8.56	11.15
	131	Vic Davies	1.20	2.23	3.42	4.37	
	13	Shona Cutler	2.38	4.34	7.05		
	24	Rob Bloomer	2.38	4.37	7.05		
	25	Gary Stephens	2.38	4.37	7.05		
	53	Chris O'Neil	2.25	4.24	7.45		
	55	Gary Evans	2.25	4.24	7.45		
	61	Marianne Manley	2.12	3.49			
	44	Finn Galtress	2.12	4.00			
	59	Wendy Davies	1.59	3.43			
	75	Jon Aston	?	3.15			
	99	Delyth Humphrey	3.01	5.26			
	100	Alison Teece	3.01	5.26			
	103	Jane Bright	2.15	4.22			
	104	Alison Jones	2.15	4.22			
	109	Geoff Hall	2.12	4.02			
	128	Chris Davies	1.59	3.43			
	132	Darren Heyes	1.30	2.40			
	133	Shaun Baker	1.30	2.40			
	142	Hayley Gazey	3.01	5.26			
	143	Shane Gazey	3.01	5.26			
	145	Simon Carless	2.25	4.26			
	146	Jean Carless	2.25	4.26			

Well done everyone, thank you for entering the Wistanstow Walk, we hope that you enjoyed it, once again we know that some of you exceeded your personal goals. Apart from an early shower the weather held out for us, in fact it was probably ideal with some sunshine and a gentle breeze.

Once again a few stories of endeavour and resilience, in particular well done to the family of Lakhvir Shoker who runs the Spar Shop in Craven Arms, she completed the event last year and talked her sisters and aunty into taking part this year. Lakhvir admitted that they had no idea what they were letting themselves in for! There was also quite a shock for one of them, when, after travelling down from Gateshead she discovered at the start that a work colleague had also entered the event. Walkers also travelled from Liverpool, Bristol, Braintree and Wistanstow!

As always lots of stories of people pulling together to help each other along, which is what it's all about. If any of you have tales to tell please get in touch.

The organisers would like to thank, Britpart Ltd., Craven Arms; Beyond Extreme, Church Stretton; Woods Brewery, Wistanstow; Wenlock Water, Wolverton; Newington Garage, Craven Arms; Walls Butchers, Craven Arms; and the fire fighters at Clun and Bishop's Castle for their support and assistance.

The first finisher was Andy Davies from Church Stretton who completed the course in an amazing 4hrs and 01min. This was thirty-one minutes quicker than the previous best time and even fast enough to just pip us to self clip 2. Well done also to Joe Donnelly and Russell Mapp who came in together in 4hrs 54mins.

First lady was Sharon Richardson from Telford, Sharon set a new ladies record with 5hrs 21mins, beating the old mark by just 7mins. Next ladies were Libby Collinson from Much Wenlock, and Janet Edwards from Shrewsbury who also came in together in 5hrs 52mins.

Sixteen men managed to complete within 6hrs 30mins, up four on last year, and therefore were awarded a Gold Certificate. Seven ladies also made it, however the organisers had decided prior to the start (well just after really!) that the time should be extended to 7hrs 30mins for the ladies, so a further seven ladies managed to complete within this time.

The final finisher returned to the village hall in 11hrs 15mins. Youngest walker was Mathew Perry 15 and the oldest Barrie Morgan 70.

We have a number of items of lost property, some of which have already been reunited with their owners, (thanks to those who handed in lost kit), however we still possess a walking pole (left at the in the hall porch at the finish), a drinks bottle, handed in at the finish by another walker, and a map case, sorry not too sure where this was found. If these items are yours please get in touch. Please also get in touch if you picked up a TAG watch believed to have been lost between the start and Clun, we have a walker who would love to be reunited with it.

Hopefully we (you) have raised a bit of money for the local primary school and the Fire Fighters Charity, and hopefully we can do it all again next year! See you then.

The Story of the Clock

Whilst we know many of you aren't too particular about the time, there are those that like to keep an eye on the clock, especially if they have done the event before.

We therefore aim to give everyone a time, to do with as they please. Unfortunately, this year we were defeated by the Village Hall clock. The final check point in the hall used this normally reliable clock, not realising that it was five minutes fast, we have adjusted the times accordingly, unfortunately of course your certificates will say otherwise!

The Organisers.

Statistics	
Entries	146
Non Starters	15
Starters	131
26 Mile Completions	109
22 Mile Completions	1
18 Mile Completions	5
12 Mile Completion	16
6 Mile Completion	0