

**Wistanstow Challenge Walk 2012
Finishers List**

Position	No	Name	Kempton 6 miles	Clun 11.5 miles	Bishop's Castle 17.5 miles	Plowden 22 miles	Finish Wistanstow 26 miles
1	74	Clive Richardson		1.54	2.53	3.38	4.33
2	48	Iain Prentice		2.03	3.10	3.58	4.56
2	67	Norman Titley		2.03	3.10	3.57	4.56
4	155	Dave Farrow		2.14	3.17	4.03	5.00
4	176	Lisa Garside		2.14	3.17	4.05	5.00
6	43	Libby Collinson		2.06	3.18	4.09	5.12
6	72	Kate Whitfield		2.06	3.18	4.09	5.12
6	73	Sharron Richardson		2.06	3.17	4.09	5.12
9	69	David Perry		2.06	3.18	4.13	5.27
9	183	Gary Dean		2.06	3.20	4.13	5.27
11	97	Wayne Guest		2.06	3.18	4.25	5.32
12	147	Gareth Jones		2.15	3.31	4.23	5.37
13	185	Joe Donnelly		2.15	3.41	4.38	5.41
14	31	Kerry Allison		2.26	3.48	4.44	5.46
14	33	Kristiaan D'Août		2.26	3.48	4.44	5.46
14	66	Joan Clarke		2.15	3.35	4.35	5.46
14	180	Rob Morris		2.10	3.23	4.30	5.46
18	136	Jane Rowlands		2.18	3.47	4.45	5.58
19	22	Tim Evans		2.26	3.52	4.53	6.03
20	91	Calvin Wright		2.30	3.51	4.46	6.05
20	92	Stuart Morris		2.31	3.51	4.46	6.05
22	3	Linda Staves		2.15	3.55	4.57	6.21
23	58	Dianne Spencer		2.41	4.10	5.12	6.32
23	59	Graham Spencer		2.41	4.10	5.12	6.32
25	129	David Tozer		2.32	3.55	5.06	6.33
25	130	Rodney Jones		2.32	3.56	5.06	6.33
27	128	Chris Keeling		2.32	3.56	5.06	6.35
28	81	David Ransome		2.44	4.16	5.32	6.40
29	4	Peter Staves		2.15	3.55	4.57	6.43
30	1	Sarah Hayward		2.45	4.19	5.30	6.44
30	56	Tracy Hayward		2.45	4.19	5.30	6.44
30	57	Alan Hayward		2.45	4.19	5.30	6.44
30	96	Ellen Spencer		2.45	4.19	5.30	6.44
30	188	Kim Braznell		2.45	4.19	5.30	6.44
35	93	Rob Williams		2.49	4.23	5.33	6.50
35	94	Sian Williams		2.49	4.23	5.33	6.50
37	126	Stuart Lambie		3.05	4.48	5.55	7.09
37	172	Rachel Leigh		2.50	4.32	5.41	7.09
39	157	Wendy-Jane Walton		2.50	4.32	5.41	7.10
39	177	Liz Bevan		2.50	4.32	5.41	7.10
41	95	Dave Spurling		2.50	4.28	5.42	7.12
42	151	Stephanie Mackey		2.49	4.44	5.55	7.20
43	83	Gary Holloway		2.49	4.28	5.48	7.25
43	105	Nigel Picken		2.45	4.28	5.48	7.25

Position	No	Name	Kempton 6 miles	Clun 11.5 miles	Bishop's Castle 17.5 miles	Plowden 22 miles	Finish Wistanstow 26 miles
45	159	Darren Nicholson		3.20	5.06	6.25	7.46
46	160	Andy Bevon		3.20	5.06	6.25	7.47
46	161	Jason Norgrove		3.20	5.06	6.25	7.47
48	173	Chris Woodhouse		3.16	5.10	6.25	7.49
48	174	Natalie Woodhouse		3.16	5.11	6.25	7.49
50	184	Julia Dean		3.16	5.11	6.25	7.50
51	158	Adrian Bond		3.20	5.07	6.25	7.51
51	162	Tony Trow		3.20	5.07	6.25	7.51
53	45	Sue Mc Lamb		3.22	5.22	6.42	8.13
53	127	John Reynolds		3.21	5.22	6.42	8.13
53	170	Josephine Wakeley		3.22	5.22	6.42	8.13
56	138	Gerry Garland		3.37	5.26	6.33	8.14
57	115	Julie Cooper		3.21	5.22	6.42	8.18
57	116	Margaret Priestley		3.21	5.22	6.42	8.18
57	131	Will Priestley		3.21	5.22	6.42	8.18
57	140	Bradley Gurney		3.30	5.24	6.46	????
61	167	Mike Dean		3.22	5.15	6.52	8.19
62	18	Rachel Downes		3.43	5.41	7.05	8.33
62	19	Brian Downes		3.43	5.41	7.05	8.33
64	117	Damian Dever		3.22	5.23	7.02	8.36
65	156	Ian Butterworth		3.26	5.24	6.49	8.41
66	85	Darren Sadd		3.37	5.37	7.03	8.48
66	86	Helen Sadd		3.37	5.37	7.03	8.48
66	145	Mal Hall		3.37	5.51	7.10	8.48
69	132	Leena Cowell		3.30	5.41	7.09	8.56
69	139	Jean Bollom		3.30	5.41	7.09	8.56
71	148	Geoff Sproson		3.30	5.38	7.14	8.57
72	144	Thomas Sellers		3.35	5.41	7.13	9.00
73	24	David Bloor		3.43	5.49	7.18	9.04
73	27	Jayne Turner		3.43	5.49	7.18	9.04
73	30	Theresa Simmonds		3.43	5.49	7.18	9.04
76	41	Linda Boddy		3.43	5.53	7.23	9.10
76	50	Neil Penny		3.43	5.53	7.23	9.10
78	35	Chris Tombleson		3.40	5.51	7.14	9.15
79	47	Beatrice Therin		3.37	5.55	7.28	9.18
79	49	Roger Swift		3.40	5.55	7.28	9.18
81	32	Roel Driesen		4.05	6.12	7.39	9.20
81	34	Mieke De Lathouwers		4.01	6.12	7.39	9.20
83	6	David Findel – Hawkins		3.40	6.04	7.47	9.21
83	7	Merrian Lancaster		3.40	6.04	7.47	9.21
85	8	Ross Weston		4.03	6.11	7.46	9.31
86	141	Keith Yates		3.46	6.02	7.37	9.35

Position	No	Name	Kempton 6 miles	Clun 11.5 miles	Bishop's Castle 17.5 miles	Plowden 22 miles	Finish Wistanstow 26 miles
87	106	Esther Robinson		3.58	6.08	7.46	9.38
87	107	Andy Robinson		3.58	6.08	7.46	9.38
89	51	Stuart Jones		3.59	6.23	8.00	9.40
89	54	Richard Johnson		3.59	6.24	8.00	9.40
91	10	Dave Hurrell		4.01	6.33	8.05	9.42
91	53	Joe Hall		3.59	6.23	8.00	9.42
91	79	Stephen Barnfield		3.59	6.23	8.00	9.42
91	80	Peter Griffiths		3.59	6.23	8.00	9.42
95	2	Tony Francis		4.01	6.21	7.54	9.43
95	5	Phil Stevens		4.01	6.20	7.54	9.43
95	12	Frank Lampard		4.01	6.33	8.05	9.43
95	23	Jill Harsent		4.03	6.24	7.58	9.43
95	42	Louise Lucas		4.03	6.24	7.58	9.43
95	120	Jerry Gould		3.59	6.21	7.54	9.43
95	121	Linda Gould		3.59	6.21	7.54	9.43
102	52	Geoff Hall		3.59	6.24	8.00	9.48
102	78	A.D.Barnfield		3.59	6.23	7.58	9.48
104	36	Graham Rowley		4.25	6.58	8.24	10.05
104	37	Lisa Rowley		4.25	6.58	8.24	10.05
106	133	Nicci Brown		4.08	6.42	8.20	10.16
106	137	Karen Francis		4.08	6.42	8.20	10.16
106	142	Sandra Pugh		4.08	6.42	8.20	10.16
106	143	Josie Pugh		4.08	6.42	8.20	10.16
110	124	Nick Garavini		3.59	6.33	8.12	10.18
110	125	Joanne Garavini		3.59	6.33	8.12	10.18
112	11	Pete Turner		4.24	7.07	8.49	10.48
112	13	Steve Woolven		4.24	7.07	8.49	10.48
114	89	Liam Fergus Lupton Taylor		4.11	6.59	8.41	12.00
114	90	Deborah Anne Taylor		4.11	6.59	8.41	12.00
	181	Caryl Roscoe		3.21	5.13	6.33	
	71	Sue Whittingham		2.55	4.32		
	77	Caroline Bason		2.55	4.32		
	82	Samantha Brown		2.55	4.32		
	108	Cathy Bowler		3.16	5.18		
	109	David Bowler		3.16	5.18		
	75	Gwyn Harris		3.16	5.22		
	111	Christine Hayes		3.16	5.23		
	146	Cath Hall		3.40	5.51		
	152	Grahame James		3.46	6.08		
	62	Finn Galtress		4.05	6.36		
	63	Tom Cooley		4.05	6.36		
	163	John Bent		4.11	6.37		

Position	No	Name	Kempton 6 miles	Clun 11.5 miles	Bishop's Castle 17.5 miles	Plowden 22 miles	Finish Wistanstow 26 miles
	164	Mike Horrocks		4.11	6.37		
	165	Kim March		4.11	6.37		
	99	Harry Humphreys		4.11	6.39		
	100	Nick Humphreys		4.11	6.39		
	103	Ange Humphreys		4.11	6.39		
	104	Stephanie Pressdee		4.11	6.39		
	182	Barry Rowson		4.11	6.39		
	186	Edward Humphreys		4.11	6.39		
	175	Ben Hilliard		4.15	7.01		
	179	Carol Morris		4.22	7.21		
	178	Madeline Morris		4.22	7.21		
	60	Julia Spight		4.43	8.02		
	61	Gill Reid		4.43	8.02		
	113	Sue Adams Hesketh		4.15	8.03		
	114	Hazel Huffer		4.15	8.03		
	187	Darren Morris		2.06			
	98	Vic Davies		2.06			
	118	Catherine Allen		2.45			
	101	Kelly Barkley		2.55			
	9	Colin Edmenson		3.26			
	166	Brian Burton		3.35			
	21	Eloisa Simoes		3.43			
	134	Stephen Bickerton		3.59			
	135	David Portman		3.59			
	39	Claire Tolley		4.25			
	123	Fiona Boliver		4.41			
	171	Gary Boliver		4.41			
	110	Sue Ford	?????				

Well done everyone, thank you for entering the Wistanstow Walk, we hope that you enjoyed it; once again we know that some of you exceeded your personal goals. We managed to arrange the weather again, although possibly a bit too hot for some. A lot of you commented on the mist in the valleys early on and the exceptional views in this largely and thankfully, undiscovered part of Shropshire.

As always spirits seemed to be high with lots of stories of people pulling together to help each other along, which is what it's all about.

Perhaps the spirit of entrants was captured by Liam Fergus Lupton Taylor and Deborah Anne Taylor who finished in 12:00 hrs. They missed the temporary stile for Self Clip (SC)6 and carried on down the ridge to the bottom. Knowing that they had missed the SC they walked all of the way back up the ridge to the cattle feeders, missing the stile again. At this point they decided to walk down the road. On reaching

the gate into the field leading to SC1/6 they walked back up the very steep climb to get the all important clip on their tally. Liam did all of this with some very bad blisters, suffice to say they received a very big cheer at the finish checkpoint. The final 4.5 miles taking them 3hrs 19mins. A very big well done.

If any of you have any tales to tell, please get in touch. We gathered a few comments at the end which we will place onto the website.

During the next week or so the South Shropshire Journal will carry some pictures and a small report. Pictures will also appear at some point on www.wistanstowwalk.blogspot.com & www.fellrunningpictures.co.uk

There will also be footage of the event on www.prproductions.co.uk, courtesy of Peter Douglas who was out and about on the route and filmed most of the finishers as they approached the Village Hall.

The organisers would like to thank;

- Britpart Ltd., Craven Arms
- Hagley Place Care Home, Ludlow - Barchester Health Care
- Outdoor Depot, Church Stretton
- Woods Brewery, Wistanstow
- Wenlock Water, Wolverton
- Walls Butchers, Craven Arms
- Spar, Craven Arms
- The landowners and the Firefighters at Clun and Bishop's Castle for their support and assistance.

If you visit any of these places, please thank them.

The first finisher once again was Clive Richardson from Sugden, Telford, who sped around in 4hrs 33mins, Iain Prentice from Ludlow and Norman Titley from Shrewsbury followed, finishing together in 4hrs 56mins.

First lady was Lisa Garside from Shrewsbury, this was Lisa's first attempt at Wistanstow and she flew around to finish in exactly 5hrs, a ladies record, not that we do records in the LDWA you understand! Next up a gang of three finishing only 12 minutes behind Lisa were; Sharron Richardson, Telford; Kate Whitfield, Shrewsbury and Libby Collinson, Homer nr Much Wenlock.

The ladies really seem to come into their own at Wistanstow, taking four of the first ten places. They also accounted for over 40% of the entry, please tell us what you like about our event, is it the toilets? ;-)

Fourteen men managed to complete within 6hrs 30mins, and eighteen ladies made it within 7hrs 30mins; all qualified for the Gold Certificate.

Apologies for the technical glitch at the Kempton Checkpoint, as you will have noticed no times were recorded, the marshal forgot!

Finally a plea for help, we desperately need more helpers, especially at the start. If you think you may like to put something back or know of someone who could assist, please let us know.

Hopefully we (you) have raised a bit of money for a good cause in the Parish and the Firefighters Charity, and hopefully we can do it all again next year! See you then.

The Organisers.

Statistics	
Entries	188
Non Starters	32
Starters	156
26 Mile Completions	115
22 Mile Completions	1
18 Mile Completions	27
12 Mile Completion	12
6 Mile Completion	1